

WOMEN'S WORLD OPEN

# SQUASH

CHAMPIONSHIP BELFAST

06

£3

**the Ulster Hall**  
**20-26 November 2006**

**Early rounds at Belfast Boat Club**





**AMR SHABANA**  
Best Ranking World No.1  
2 x World Champion

**LEE BEACHILL**  
Best Ranking World No.1



**NO.1 RACKET ON  
THE PROFESSIONAL  
WORLD TOUR**

### I.C.E. TECHNOLOGY

I.C.E. (Internally Cooled Engineering) rackets are rapid cooled and incorporate unique frame profiles in the racket head and throat to deliver ultimate controlled power.



**ICE CUSTOM ELITE**  
(As used by Amr Shabana)



**ICE ELITE**  
(As used by Jonathan Power)



**ICE TOUR**

- I.C.E. Power ridges and reinforced throat
- Hot Melt™ Carbon construction
- Headsize: 500 sq cm
- Frame Weight: 150-160g
- Balance: Custom (interchangeable handle)
- I.C.E. Power ridges and reinforced throat
- Hot Melt™ Carbon construction
- Headsize: 500 sq cm
- Frame Weight: 145g
- Balance: Even
- I.C.E. Power ridges and reinforced throat
- Hot Melt™ Carbon construction
- Headsize: 470 sq cm
- Frame Weight: 140g
- Balance: Head Light

### M-Fil TECHNOLOGY

M-Fil (Multi-Filament) rackets incorporate a patented 3-D braided process across the hitting zone to deliver unmatched playability on high performance frames.



**M-Fil TOUR**  
(As used by Lee Beachill)



**M-Fil PRO**  
(No.1 racket on the World Tour)



**M-Fil ULTRA**

- Increased stiffness for ultimate power
- Widened throat for torsional stability
- Long handle for maximum touch
- Frame Weight: 145g
- Balance: Head Light
- Official Racket of the Professional Squash Association
- Used by all Dunlop's sponsored coaches
- Headsize: 470 sq cm
- Frame Weight: 140g
- Balance: Even
- PowerRib™ throat design
- PowerMax™ string pattern
- ISIS™ vibration dampening handle
- Headsize: 500 sq cm
- Frame Weight: 135g
- Balance: Extra Head Light



## 22nd WOMEN'S WORLD OPEN SQUASH CHAMPIONSHIP 2006



It is my great privilege to welcome you all to the 22nd Women's World Open Squash Championship 2006, here in Belfast.

The Women's World Open Squash Championship is the most prestigious event in Women's Squash and over the years the event has developed in unison with WISPA, the continually expanding Women's Tour. Since the inaugural event in 1979 in Sheffield, the Women's Open, originally played biennially, has gone to all corners of the world including Toronto, Sydney, Johannesburg, Hong Kong and Stuttgart. And with this year's edition at the Ulster Hall in Belfast, the tradition of iconic locations continues.

A feature of great pride for our sport is how well developed Women's Squash is in each corner of the world. Consider that every single continent is represented in the world's top 14 and that no fewer than 22 countries will be present in Belfast from the Qualification Rounds onwards. What a feast of global sport.

Naturally, you will be providing enthusiastic support for the local players including locally born and world number eight, Madeline Perry. Nicol David (Malaysia, world number one) will be looking to retain the World Champion crown she won in 2005 in Hong Kong while Vanessa Atkinson (Netherlands) is another ex-champion (2004) looking to touch glory once again. The entire field will be competing for the event's biggest ever prize money, US\$ 112,500.

I would like to congratulate Belfast for organising Squash's premier women's event in such style. The World Squash Federation has been very impressed with the drive and commitment shown to the event from the very first meeting a mere 20 months ago. We are indebted to the Belfast City Council, Northern Ireland Events and the Sports Council of Northern Ireland. Thank you for helping Irish Squash and Ulster Squash bring the 2006 Women's World Open to Belfast.

I look forward to drama, athleticism and superb racket skills. And I also look forward to meeting some of you amid the world-renowned Belfast hospitality.

Jahangir Khan  
President - World Squash Federation

## WELCOME NOTE FROM THE RIGHT HONOURABLE THE LORD MAYOR OF BELFAST, COUNCILLOR PAT MCCARTHY



On behalf of the city of Belfast, I am pleased to welcome you to the 2006 Women's World Open Squash Championships. Belfast City Council is proud to support the Championships and is delighted to be working in partnership with the tournament organisers to bring this prestigious event to the city.

The Ulster Hall, which was built in 1862, is one of the oldest buildings owned by the Council and will provide an excellent location for the final rounds of the competition.

The Women's World Open Squash Championship promises to be an exciting event, with Northern Ireland's Madeline Perry amongst the leading competitors. I am sure that local support will be a source of much encouragement in her quest to secure this title.

I hope that you find time during your visit to sample the delights which our wonderful city has to offer, including its famous night life, diverse selection of restaurants and vibrant arts sector.

I hope that you enjoy your stay here and will return at some time in the future.

Councillor Pat McCarthy  
LORD MAYOR

**BRINGING WORLD CLASS  
EVENTS  
TO NORTHERN IRELAND**

To find out more about what we do call  
+44 2890 66 66 61 or go to  
[www.niarents.co.uk](http://www.niarents.co.uk)

 **Northern Ireland  
Events**

**Making Sport  
Happen For You**

Sports Council for Northern Ireland  
House of Sport  
Upper Malone Road  
Belfast BT9 5LA

Tel: 028 9038 1222  
Fax: 028 9068 2757  
Email: [info@sportni.net](mailto:info@sportni.net)  
Web: [www.sportni.net](http://www.sportni.net)



**MESSAGE FROM MERVYN ELDER,  
CHAIRMAN, NORTHERN IRELAND EVENTS  
COMPANY**

The Northern Ireland Events Company is delighted to support the Women's World Open Squash Championships, Belfast. We're privileged to have the world's very best female squash players here in Northern Ireland to challenge for the most prestigious event in women's squash. The Ulster Hall, as one of

Belfast and Northern Ireland's most recognisable buildings is the ideal setting for the final stages of the tournament.

The Events Company was established with the aim of promoting a positive image of Northern Ireland through the hosting of major international and world class events and the Women's World Open will go a significant distance in helping us achieve this objective. With the world wide TV coverage and the international press here at the event we have an excellent opportunity to showcase Northern Ireland to millions of people around the globe.

Events like this don't happen by themselves and for this reason I would like to offer my congratulations to the individuals and organisations that have worked so hard to bring this event here today. Particular thanks go to Belfast City Council, The Sports Council for Northern Ireland, Ulster Squash and Irish Squash, WISPA and the World Squash Federation.

Finally, I would like to offer a warm welcome to all players, officials, spectators and members of the media, particularly those of you who are visiting Northern Ireland for the first time. Please enjoy your stay and come back soon.

Mervyn Elder  
Chairman, Northern Ireland Events Company



**MESSAGE FROM PROFESSOR ERIC SAUNDERS  
OBE CHAIRMAN, SPORTS COUNCIL FOR  
NORTHERN IRELAND**

"We are delighted to be associated with the Women's Open Squash Championships for the first time this year. We look forward to the event as it has generated great excitement for both competitors and spectators alike. This year's competition promises to be popular and successful. The Sports Council

is committed to assist with the hosting of national and international competitions in the lead up to the London 2012 Olympics. This will provide an opportunity to increase the overall levels of participation and to inspire our current and up-and-coming high performance athletes to aim to compete for their place in the London 2012 Olympics. I would like take this opportunity to wish everyone, competitors, spectators and officials alike, the best of luck for the event."

Eric Saunders  
Chairman, Sports Council for Northern Ireland



1, 2,  
skip a few,  
99, 100.

Deeper than you

Deep RiverRock is a registered trademark of Coca-Cola Bottlers.

## EVENTIS SPORTS MARKETING



### Event Management

Established in 2002 Eventis are rapidly becoming a major promoter of squash events in the UK. The Eventis Team, of Peter Nicol, Tim Garner and Angus Kirkland has a unique competitive advantage in squash due to their experience and established connections within the sport.

If you wish to put on a world class event benefitting from the 'Eventis Way', be it basic consultancy or full turnkey/event solutions please contact us and find out more.

### Glass Court Rental

Eventis, in partnership with Roluvents, recently purchased a 'state of the art' **McWil Courtwall** Glass court. The court is available for hire for any type of squash event - worldwide.

For further details and a competitive quotation please contact us.

Email: [t.garner@eventis-sports.com](mailto:t.garner@eventis-sports.com)

or visit our website at [www.eventis-sports.com](http://www.eventis-sports.com)

Eventis Sports Marketing Ltd ... sporting business relationships

## COMBINED IRISH AND ULSTER SQUASH WELCOMES



Owe are delighted to be staging the Championship and look forward to welcoming some of the best female athletes in the world including our very own Madeline Perry.

The event is a great boon for Irish squash and we look forward to some tremendous competition, which we anticipate will inspire young and old, alike.

Irish Squash extends the warmest of welcomes to the players, officials, sponsors, and of course spectators.

On behalf of Ulster Squash I give my sincere thanks to the Belfast Boat Club for hosting the qualifying and first round and to Belfast City Council for the use of Ulster Hall – which should prove to be a wonderful intimate and dramatic venue.

We are indebted to Belfast City Council who have supported Irish and Ulster Squash, over the last number of years, through the Irish Junior Open, and have now given us the opportunity to bring this wonderful championship to the city.

We both wish all who attend a fantastic stay in Belfast and sincerely hope you get a chance to enjoy both the squash and the city.

*Maura Dolan*

Maura Dolan Chairperson,  
Irish Squash Federation



*Derek Brown*

Derek Brown, President  
Ulster Squash



## WISPA WELCOMES

Hello Belfast!

I was extremely excited to hear that the Women's World Open was to be held in your city. The 2006 Women's World Championships is set to be a spectacular event. It is the biggest squash championship ever held in Northern Ireland, boasting a total prize fund of \$112,000.

The WISPA players are some of the greatest athletes in the world, ambassadors to their countries, and we believe that we will fulfil your vision of bringing spectacular sporting events to Belfast through the Women's world Open.

Irish Squash has been producing top players for a very long time, and I am sure that you will all enjoy watching your players compete, especially your Madeline Perry, the World No 8. I hope that you will enjoy watching all the WISPA players; we love to play for a cheering crowd!

See you court side!

*Natalie Grainger*

Natalie Grainger

# TOP 8 PLAYERS PROFILES



**Vanessa Atkinson**

**Where were you born?**

Newcastle, England

**Do you have any brothers and sisters?**

1 sister, 2 years older

**What is your favourite movie of all time?**

True Romance

**If you weren't a Squash player what other sport would you have played?**

Athletics

**How/Why did you start playing Squash?**

Parents both played

**What's your favourite food?**

Sushi

**Who's your sporting hero?**

Fitzy

**What's your favourite cheese?**

Love all cheese, impossible to choose!

**Have you ever tried Potato Bread before?**

Yep

**Brown sauce or red sauce?**

Red

**What has been the best country you have visited on the WISPA tour?**

Mexico

**Do you have any strange habits / superstitions before a squash match / tournament?**

No



**Madeline Perry**

**Where were you born?**

Banbridge

**Do you have any brothers and sisters?**

Older brother and 2 younger sisters

**What is your favourite movie of all time?**

don't really have a favourite but really enjoy hugh grant movies

**If you weren't a Squash player what other sport would you have played?**

Tennis or hockey

**How/Why did you start playing Squash?**

I fancied a go as my brother played at local club

**What's your favourite food?**

Potatoes!

**Who's your sporting hero?**

Andre Agassi

**What's your favourite cheese?**

Cheddar

**Have you ever tried Potato Bread before?**

Yes

**Brown sauce or red sauce?**

Red sauce

**What has been the best country you have visited on the WISPA tour?**

Australia

**Do you have any strange habits / superstitions before a squash match / tournament?**

I always like to tidy/organise my hotel room before i play my first match. Doesn't last for long though as im so untidy!!



**Natalie Grinham**

**Where were you born?**

Toowoomba

**Do you have any brothers and sisters?**

1 Sister (Rachael) 1 half sister (my father's daughter)

**What is your favourite movie of all time?**

Grease

**If you weren't a Squash player what other sport would you have played?**

Netball (until they would realize I wasn't tall enough)

**How/Why did you start playing Squash?**

Both parents played so both rach and I did too

**What's your favourite food?**

Chocolate (made in Europe - it's creamier!)

**Who's your sporting hero?**

Don't really have a sporting "hero" but if i think of the person who I respect most for their accomplishments it has to be Heather Mckay

**What's your favourite cheese?**

Old amsterdam (melted)

**Have you ever tried Potato Bread before?**

No

**Brown sauce or red sauce?**

hmm... Red and it has to be Heinz

**What has been the best country you have visited on the WISPA tour?**

You mean other then Australia? nah, can't think of a better place

**Do you have any strange habits / superstitions before a squash match / tournament?**

um... yeah... I don't like anyone else touching my racket before I start or during the match



**David Nicol**

**Where were you born?**

Penang, Malaysia

**Do you have any brothers and sisters?**

Two older sisters, Lianne and Cheryl

**What is your favourite movie of all time?**

Too many I can't specify a particular one. More into comedy and drama

**If you weren't a Squash player what other sport would you have played?**

Any sport really but I have to make sure I work on that sport well to go somewhere

**How/Why did you start playing Squash?**

My sisters were introduced to squash first through my dad's friend who build the public squash centre in Penang. I joined them a year later when I was 5. That was the first sport I picked up and it kept me occupied at the time

**What's your favourite food?**

Penang food and my mum's cooking

**Who's your sporting hero?**

I don't have just one sporting hero but I admire a lot of top sports people at their own field of sport. That's the best way to try and pick on all their best qualities to make it your own

**What's your favourite cheese?**

Brie

**Have you ever tried Potato Bread before?**

Ate lots of it back in Malaysia

**Brown sauce or red sauce?**

Brown sauce

**What has been the best country you have visited on the WISPA tour?**

Australia

**Do you have any strange habits / superstitions before a squash match / tournament?**

Nothing much to do before a match except hope for the best



## Rachel Grinham

**Where were you born?**  
Toowoomba, Australia

**Do you have any brothers and sisters?**  
Yep, Natalie - obviously. And a half-sister on my Dad's side, Sarah

**What is your favourite movie of all time?**  
That's impossible to answer. There's too many... Reality Bites used to be a favourite when I was younger

**If you weren't a Squash player what other sport would you have played?**  
Probably another sport that includes hitting something... tennis, badminton, hockey...

**How/Why did you start playing Squash?**  
My parents were keen squash players so I basically grew up at the squash club

**What's your favourite food?**  
When I'm not worried about my diet I like to go for Indian.

**Who's your sporting hero?**  
Heather McKay hands down. I don't think anyone in any sport could ever compare to her

**What's your favourite cheese?**  
I don't know... put any cheese in front of me and I'll eat it!

**Have you ever tried Potato Bread before?**  
Never heard of potato bread. That's a no

**Brown sauce or red sauce?**  
on what?

**What has been the best country you have visited on the WISPA tour?**  
I don't think I can answer that. Each country has certain things that make it better or worse than others. I'm just happy that I have the privilege as an international player to see all these different places and experience the different cultures and lifestyles

**Do you have any strange habits / superstitions before a squash match/ tournament?**  
No. Nothing interesting



## Tania Bailey

**Where were you born?**  
Stamford, Lincs

**Do you have any brothers and sisters?**  
Brother, Mark, 29

**What is your favourite movie of all time?**  
I don't really watch films very often but I really liked good will hunting

**If you weren't a Squash player what other sport would you have played?**  
Golf or athletics (long jump or javelin)

**How/Why did you start playing Squash?**  
My parents played so they took me to the club

**What's your favourite food?**  
It changes day to day depending how I feel, I like all sorts

**Who's your sporting hero?**  
I have a few, Kelly Holmes, Lance Armstrong, Tiger Woods, Steffi Graf

**What's your favourite cheese?**  
mild cheddar, any sort

**Have you ever tried Potato Bread before?**  
No

**Brown sauce or red sauce?**  
Red

**What has been the best country you have visited on the WISPA tour?**  
Australia

**Do you have any strange habits / superstitions before a squash match/ tournament?**  
No



## Jenny Duncalf

**Where were you born?**  
Haarlem, Netherlands

**Do you have any brothers and sisters?**  
Brother David 25, Step-brother James 22 & step sister Emma 20

**What is your favourite movie of all time?**  
Impossible question but to name a few.. The Godfather, Oliver, American History X, Crazy/ Beautiful, True Romance

**If you weren't a Squash player what other sport would you have played?**  
Hockey, or if I could actually do it..surfing, the lifestyle looks like fun

**How/Why did you start playing Squash?**  
I used to play a lot of football when I was a kid but when I reached under ten level the FA wouldn't allow me to carry on playing with my boy's team so I turned to squash instead after having seen my brother play a bit

**What's your favourite food?**  
Sandwiches, golden syrup and smoked salmon (not together!)

**Who's your sporting hero?**  
In Squash Michelle Martin. Outside of squash probably Muhammad Ali or Jesse Owens

**What's your favourite cheese?**  
Brie, Edam or Gorgonzola

**Have you ever tried Potato Bread before?**  
What bread?!

**Brown sauce or red sauce?**  
Ketchup all the way!

**What has been the best country you have visited on the WISPA tour?**  
I'd say America..home to New York, Vegas, San Francisco etc..all great cities

**Do you have any strange habits / superstitions before a squash match/ tournament?**  
Not that I can think of



## Vicky Botwright

**Where were you born?**  
Manchester

**Do you have any brothers and sisters?**  
Yes Rebecca and she is a player to

**What is your favourite movie of all time?**  
Pretty Woman! Predictable!

**If you weren't a Squash player what other sport would you have played?**  
Maybe a runner but with really bad technique!

**How/Why did you start playing Squash?**  
Both parents play

**What's your favourite food?**  
Indian food, chicken tikka massalla

**Who's your sporting hero?**  
Paula Radcliffe

**What's your favourite cheese?**  
Mozzarella

**Have you ever tried Potato Bread before?**  
No sorry! Is it Good?

**Brown sauce or red sauce?**  
Red for sure

**What has been the best country you have visited on the WISPA tour?**  
Not sure there have been far too many

**Do you have any strange habits / superstitions before a squash match/ tournament?**  
I don't think I do, but maybe you should ask my roommates!

# Women's World Open 2006

Belfast Boat Club & Ulster Hall, Belfast - 20-26 November, Belfast

Round ONE 22 Nov BBC	Round TWO 23 Nov BBC	Quarters 24 Nov UH	SEMI 25 Nov UH	FINAL 26 Nov UH
[1] Nicol David (Mas) Qualifier C6 21.00	20.00			
[12] Engy Kheirallah (Egy) Qualifier C6 20.00		21.00		
[5] Vicky Botwright (Eng) Isbelle Stoehr (Fra) C1 19.00	21.00			
[9] Omneya Abdel Kawy (Egy) Qualifier C1 18.00*			16.00	
[3] Rachael Grinham (Aus) Raneem El Weleily (Egy) C6 14.00	15.00			
[15] Rebecca Chiu (Hkg) Laura Mylotte (Irl) C6 13.00*		20.00		
[6] Jenny Duncalf (Eng) Qualifier C1 20.00	16.00			
[11] Laura Lengthorn (Eng) Qualifier C1 21.00				16.00
Qualifier C1 13.00*				
[10] Alison Waters (Eng) Sharon Wee (Mas) C1 14.00	13.00*			
[7] Tania Bailey (Eng) Qualifier C1 15.00		18.00		
[13] Shelley Kitchen (Nzl) Qualifier C1 16.00	14.00			
[4] Natalie Grinham (Aus) Kasey Brown (Aus) C6 18.00*			15.00	
[16] Annelize Naude (Ned) Aisling Blake (Irl) C6 19.00	19.00			
[8] Madeline Perry (Irl) Pamela Nimmo (Sco) C6 15.00		19.00		
[14] Natalie Grainger (Usa) Dominique Lloyd-Walter (Eng) C6 16.00	18.00			
[2] Vanessa Atkinson (Ned)				
Round ONE 22 Nov BBC	Round TWO 23 Nov BBC	Quarters 24 Nov UH	SEMI 25 Nov UH	FINAL 26 Nov UH

BBC = Belfast Boat Club UH = Ulster Hall.

Matches are follow-on after first match (\*), times approximate.

**QUALIFYING, 20 / 21 Nov:** (Draw to be made 7 days prior to event)

- Lauren Briggs (Eng), 2. Latasha Khan (Usa), 3. Jaclyn Hawkes (Nzl),
- Tegwen Malik (Wal), 5. Rebecca Botwright (Eng), 6. Amelia Pittock (Aus),
- Tricia Chuah (Mas), 8. Suzie Pierrepont (Eng), 9. Sarah Kippax (Eng),
- Samantha Teran (Mex), 11. Runa Reta (Can), 12. Nicolette Fernandes (Guy),
- Louise Crome (Nzl), 14. Orla Noom (Ned), 15. Christina Mak (Hkg),
- Manuela Manetta (Ita), 17. Line Hansen (Den), 18. Carolyn Russell (Can),
- Camille Serme (Fra), 20. Jenna Gates (Eng), 21. Georgina Stoker (Eng),
- Kirsty McPhee (Eng), 23. Elise Ng (Hkg), 24. Lucie Fialova (Cze),
- Charlie De Rycke (Bel), 26. Lauren Siddall (Eng), 27. Soraya Renal, (Fra),
- Margriet Huisman (Ned), 29. Daniela Schumann (Ger)#,
- Tenille Swartz (Rsa)#, 31. Kerri Shields (Irl)~, 32. Birgit Coufal (Aut)#

# WSF Qualifier ~ qualification wildcard

## RESERVES:

- Amah El Trabolsy (Egy), 2 Dagmar Vermeulen (Ned),
- Susannah King (Eng) 4. Jenny Wright (Wal), 5. Wilma Kirsten (Ita),
- Emma Chorley (Eng), 7. Laura Hill (Eng), 8. Lotte Eriksen (Nor),
- Charlotte Delsinne (Fra), 10. Adel Weir (Rsa)

# VISITORS GUIDE

## Night Life

Midnight. A queue of late teens and twenty-somethings is building outside a dance club in the atmospheric Cathedral Quarter of the city. Inside, a riot of colour, sound and energy. This is the Milk Bar Club and it rivals anything on the European club scene. Belfast has dozens more like it, playing hip-hop, dance, garage, house, techno, R & B, and funk, seven nights a week.

### Crown Liquor Saloon

Great Victoria Street, Belfast  
Tel: 028 9027 9901  
Email: info@crownbar.com  
Web: www.crownbar.com

### Apartment

2 Donegal Square West  
Tel: (028) 9050 9777  
Web: www.apartmentbelfast.com

### M-Club

23-31 Bradbury Place  
Tel: 028 9023 3131  
Web: www.belfastpubs-n-clubs.com

### La Lea

43 Franklin Street  
Tel: 028 9023 0200  
Fax: 028 9023 0201  
Email: info@lalea.com  
Web: www.lalea.com

## Cinema

One thing we are most certainly confident about in Belfast is our ability to have a good time, and here there are plenty of hiving establishments offering you the chance to join in. So whether you're planning your itinerary during your stay in Belfast, or simply want an up-to-date guide of what's on, then take advantage of this guide of events. It's updated regularly, and in some cases, you can even book your place on-line!

### Movie House Cinema

14 Dublin Road  
Tel: 028 9024 5700  
Fax: 028 9074 1360  
Email: enquiries@moviehouse.co.uk  
Web: www.moviehouse.co.uk

### The Odyssey Pavilion - 2 Queen's Quay

Tel: 028 9045 8806  
Fax: 028 9045 7440  
Web: www.odysseypavilion.com

## Eating Out

A handful of talented young chefs and restaurateurs, who felt that they had the vision to re-invigorate the Belfast eating scene and create a style unique to the city. Slowly at first, in recent years more rapidly, their influence has spread, raising levels of expectation and competition (a very Belfast quality) and hastened by the astonishing degree of investment in new restaurants, hotels and cafes.

### Olio Restaurant

17 Brunswick Street  
Tel: 028 9024 0239

Olio is open from 12 noon Monday through Saturday for lunch and dinner and the friendly, relaxed atmosphere makes it the ideal venue for any occasion.

#### Opening Hours:

12 noon - 10pm Monday - Thursday  
12 noon - 11pm Friday & Saturday

### Zen Japanese Restaurant

55-59 Adelaide Street  
Tel: 028 9027 9901  
Tel: (028) 9023 2244  
Fax: (028) 9023 6600  
Web: www.theredpanda.com/rp-zen.htm

### James Street South Restaurant

No. 21 James Street South  
Tel: 028 9043 4310  
Fax: 028 9043 4310  
Web: www.jamesstreetsouth.co.uk

## Shopping

If you're serious about clothes, shoes or accessories, and you want to see the best and biggest names in the fashion world, you'll find what you seek somewhere in the Lisburn Road. The Northern Irish crafts fraternity, once in the shadow of the south, is blossoming with innovative, striking and beautiful pottery, jewellery, glassware, woodwork, and ceramics. Quality, comfort, choice, perhaps it isn't so surprising that people now travel to Belfast just to shop!

### Castle Court Shopping Centre

Royal Avenue  
Tel: 028 9023 4591  
Open Mon-Sat: 9am-6pm (Thurs to 9pm)  
Sunday 1pm-6pm.  
Web: www.westfield.com/castlecourt

### Donegal Arcade

5-7 Castle Junction  
Email: info@donegalarcade.com  
Web: www.donegalarcade.com

## Places to See

There are so many new, fresh and refurbished places to see and visit in 2002 that even frequent visitors will be enchanted. However, Belfast remains a compact, walkable city with a very human face. As you go sightseeing, you will encounter smiles of friendship.

### Belfast City Hall

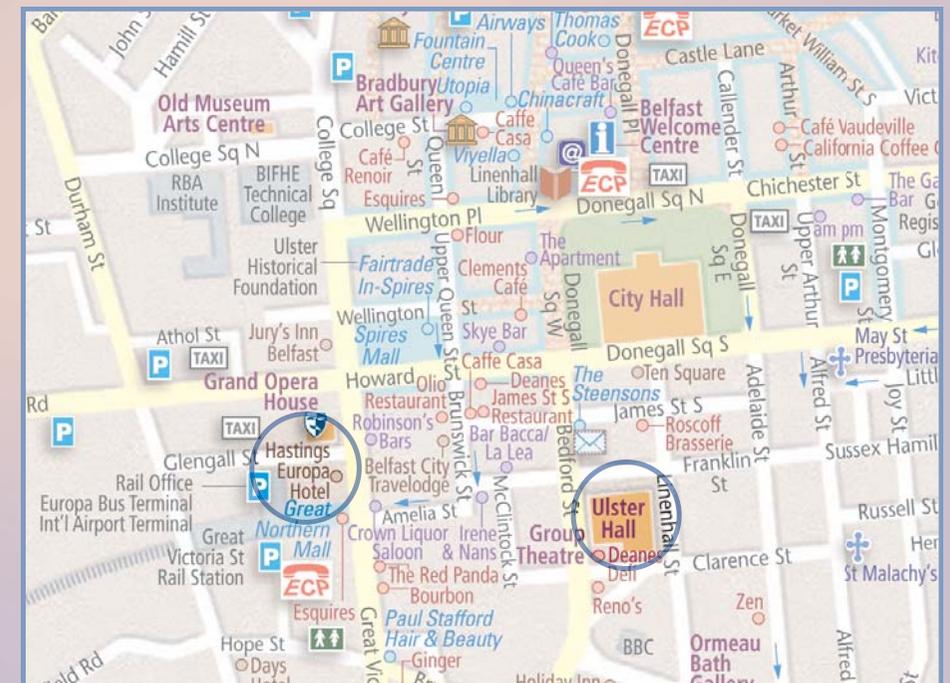
Donegal Square  
Tel: 028 9027 0456  
Email: info@donegalarcade.com  
Web: www.belfastcity.gov.uk

### Whowhatwherewhenwhy - W5

Odyssey, 2 Queens Quay  
Tel: 028 9046 7700  
Web: www.w5online.co.uk

### Ulster Museum

Stranmillis Road  
Tel: 028 9038 3000.  
Web: www.ulstermuseum.org.uk



## Partners



## Sponsors



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## Friends

Banbridge District  
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Susan Morrison

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## WOMENS WORLD OPEN CHAMPIONS OF THE PAST

2006	Northern Ireland	-----
2005	Hong Kong	Nicol David (Mas)
2004	Malaysia	Vanessa Atkinson (Ned)
2003	Hong Kong	Carol Owens (Aus)
2002	Qatar	Sarah Fitz-Gerald (Aus)
2001	Australia	Sarah Fitz-Gerald (Aus)
2000	Scotland	Carol Owens (Aus)
1999	USA	Cassie Jackman (Eng)
1998	Germany	Sarah Fitz-Gerald (Aus)
1997	Australia	Sarah Fitz-Gerald (Aus)
1996	Malaysia	Sarah Fitz-Gerald (Aus)
1995	Hong Kong	Michelle Martin (Aus)
1994	Guernsey	Michelle Martin (Aus)
1993	South Africa	Michelle Martin (Aus)
1992	Canada	Susan Devoy (Nzl)
1990	Australia	Susan Devoy (Nzl)
1989	Netherlands	Martine le Moignan (Eng)
1987	New Zealand	Susan Devoy (Nzl)
1985	Ireland	Susan Devoy (Nzl)
1983	Australia	Vicki Cardwell (Aus)
1981	Canada	Rhonda Thorne (Aus)
1979	England	Heather McKay (Aus)

### A WORD FROM LAST YEARS CHAMPION

“This has come maybe sooner than expected. I can’t believe it, I simply cannot believe it ...I’m still focusing on winning the match, and although we had the official ceremony, I still can’t get my head around it...At the moment, I’m only trying to get over this, over the fact that I’ve overcome those great players.”

Nicol David

# SQUASH RULES

The basic rules of squash are fairly simple. First the winner of the toss (usually done by spinning the racquet) gets to choose which side they want to serve from and alternate sides until they lose the point. Then the opponent gets to choose which side they want to serve from and alternates sides until they lose a point. A rally is lost when one of the following occurs:

- The ball bounces twice
- The ball hits the tin
- The ball is hit outside the out lines
- Interference resulting in a stroke, i.e. point to the obstructed player.

The serve is done by having at least one foot in the service box, then hitting the ball to the front wall, above the service line and having it bounce in the opposite quarter-court where your opponent is standing. Your opponent has the option of volleying return your serve before it hits the ground. After hitting the front wall first, the ball may hit any other number of walls before landing in the opponent's quarter court. However a serve is illegal if it hits any sidewall before hitting the front wall!

Scoring is usually to 9, aka English scoring, where only the server can win a point. This means if you serve the ball and lose the point, then your opponent gets to serve and the score does not change. If you win the point, then you get a point and get to serve from the next side. When service changes it is often called 'hand-out'. When hand-out you can pick which side to serve from, after which you alternate sides if you continue to win points.

Or you have Point-a-rally PAR scoring to 11 where every rally is a point, regardless of who served. So if you serve and lose the rally, then your opponents get a point and gets to serve. The professionals play best of five games, PAR scoring to 11.

Some not-so-obvious rules of squash are if the ball hits the line it is considered out. Also you can not carry the ball or hit the ball twice, but you can make several attempts at striking the ball as long as only contact is made once.

Regarding interference, one should always say "Let please" whenever you sense interference may occur. In the interest of safety one should never play the shot and allow the interference to occur. If your opponent is interfering with your path to the ball, it is usually a "Let" or play the point again. If your opponent is interfering with your direct swing to the ball, then it should be "stroke" or your point. There are a lot of grey areas and many other situations that could change the call. With experience you will learn what is let, no let, and stroke. As a beginner it is best to play a let on most interferences.

In squash you must make every effort to clear your shot to give your opponent direct access to the ball once you have played it. In other words you can not play your shot and remain standing directly in the path your opponent would take to retrieve your shot.

When interference does occur it results in either a "Let" which is to replay the point or a "Stroke" which is a point to the person who's shot was obstructed. Keep in mind the following rule of thumb regarding Let and Stroke.

Interference far from ball (>1m):

- Could have got to it --> LET (replay point)
- Otherwise --> NO LET

Interference close to ball (<1 m):

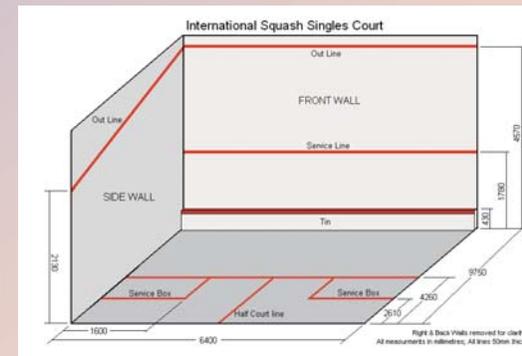
- Could have hit it --> STROKE (i.e your point!)
- Otherwise --> LET

In the interest of safety you must NEVER attempt any shot has a risk of either the ball or the racquet hitting your opponent. The correct thing to do is to hold your shot and ask for a "let". In the case where your shot would have hit your opponent you can ask 'Let Please'. Your opponent should then award you the stroke if there is no referee.

# SCORING RULES

Scoring is to 9 points (although there are other variations played by professional players). Only the server can win a point. If you are receiving serve and win the point it is called "hand-out" and you get to serve from any side of your choice. If you continue to win points then you alternate serving from different sides. In other words you only get to choose which side to serve from when you win the point from an opponents serve. After that you alternate until your opponent wins a point from your service.

# THE PLAY AND SCORING



For a rally to be started the correct player serves from the correct service box. At least part of one foot must be in that box and after being struck by the racquet- the ball has to go above the service line but below the out line of the front wall and land in the alternate service quarter, unless volleyed by the returner.

The players take turns hitting the ball against the front wall (referred to as 'rallying'). The ball may be volleyed (hit on the fly) or hit after its first bounce and before the second. To be considered 'good', the ball must

reach the front wall below the 'out' line and above the 'board' or 'tin', before touching the floor. The ball may also be struck against any of the other three walls before and/or after reaching the front wall. Shots that are first played off the side or back walls are referred to as 'boasts' or 'angles'.

The rally continues until a player is unable to return his or her opponent's shot or makes a mistake (e.g. hits the ball 'out', or hits it after its second bounce, or onto the floor, 'board' or 'tin'), or a 'let' or 'stroke' is awarded by the referee for interference (see below).

In the 'traditional' British scoring system (as adopted in 1926), a point is scored only by the server (when the receiver is unable to return the ball to the front wall before it has bounced twice). When the receiver wins the rally, they are awarded only the right to serve. Games are usually played to 9 points, competition matches are usually played to 'best-of-five' (ie. first player to win 3 games wins the match).





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### Belfast BC (5)

**Mr Danny McNally**  
Lockview Road, Belfast  
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(H) 028 90 644069  
(M) 07976 735366  
(E) dmcnally@belfastinstitute.ac.uk

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**Mr Alan Taylor**  
Maynard Sinclair Pavilion  
(T) 028 90 763325  
(H) 028 90 655608  
(M) 07970 473471

### CIYMS

**David Scott**  
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Belfast, BT4 2GD  
(T) 028 90 760120  
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### Coleraine RC

**Mr Raymond Eakin**  
1 Ruby Avenue,  
Coleraine, Co Antrim  
(T) 028  
(H) 028 708 68140  
(W) 028 708 68533  
(M) 07739 419727  
(E) rayspray89@aol.com

### Covehill(2)

**Mr Uel Hayes**  
UUC, Cormore Road  
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(H) 028 708 34094  
(W) 028 703 44188  
(M) 07813 626038  
(E) sehayes@btinternet.com

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Craigavon Leisure Centre  
Brownlow Road  
Craigavon BT65 5DL  
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6 Main Street, Crawfordsburn,  
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Dundonald, BT16 1DL  
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**Terry McLaughlin**  
Dungannon Leisure Centre  
Circular Road Dungannon,  
BT70 3PR  
(T) 028 8775 3252  
(H) 028 877 52795  
(W) 028 867 61211  
(M) 07802 473571

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**Ian Girvan**  
36 Moy Road  
Dungannon, BT71 7DS  
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(H) 028 92 617541  
(M) 07909 530694  
(E) ian@mgirvansons.co.uk

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(M) 07706 489723

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**Mrs Julie McConaghie**  
Lagan Valley Leisureplex  
Lisburn, BT28  
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(H) 028 92 664410  
(W) 028 90 301115  
(M) 07749 973518  
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**Laurence Hastings**  
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Greenvale Park,  
Magherafelt BT45  
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Newry Sports Centre  
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### Nortel (2)

**Maurice McAteer**  
Nortel Sports & Social Club  
Monkstown Avenue  
Newtownabbey, BT37 0EB  
(T) 028 90 854811  
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**Harry Cullen**  
Royal Hospital  
Falls Road Belfast, BT12 6BA  
(T) 028 90 240503  
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(B) 028 90 622929  
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(E) harry@curranaccountants.com

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**Stuart Gaffikin**  
Queens PEC  
Botanic Gardens, Belfast  
(M) 07708 520493

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**Dr Peter Kilpatrick**  
(B) 028 90 974648  
(E) p.kilpatrick@qub.ac.uk

### Triangle Masters

**Mr Tommy Marshall**  
UUC  
Cromore Road, Coleraine, BT52 1SA  
(T) 028 703 24718  
(H) 028 708 25951  
(M) 07811 357812  
(E) tpamarshall@hotmail.com

### Windsor(2)

**Greg O'Rawe**  
UUC  
37 Windsor Avenue,  
Belfast, BT9 6EJ  
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